

# FOR THE CITY 5K

July 24, 2016 :: 9am :: Marathon Park :: Olympia WA :: [www.raceforthecity.com](http://www.raceforthecity.com)

Online registration is available @ [www.GetMeRegistered.com/ForTheCity5K](http://www.GetMeRegistered.com/ForTheCity5K)

5K RUN     5K WALK     KIDS FUN RUN [FREE]

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

E-Mail \_\_\_\_\_

Phone \_\_\_\_\_

M    F   Age: \_\_\_\_\_   DOB: \_\_\_\_\_

T-Shirt S M L XL XXL YM YL

Signed \_\_\_\_\_

(Parent or Legal Guardian if Participant is under 18)

Date: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Entry Fee \$ \_\_\_\_\_

\$25 pre-race (mailed before July 21st)

\$30 (after July 21st or day of race)

Kids Shirt \$ \_\_\_\_\_

\$5 pre-race (mailed before July 21st)

Total Enclosed \$ \_\_\_\_\_

Make checks payable to For the City 5k

Send payment to... 1696 Friday LN SW Tumwater, WA 98512

By entering the FOR THE CITY 5K, I waive all claims and those of my heirs and assignees against the FOR THE CITY 5K sponsors, promoters, and volunteers for injury or illness that may result from my participation. I am in proper physical condition to compete in this race and understand the risks and rigors associated. I also give permission for the free use of my name and picture in any written account, broadcast or telecast of this event for any legitimate purpose. I understand that if the race is cancelled because of circumstances beyond the control of the race committee and sponsors, including but not limited to hazardous weather condition or government ban, my entry fee will not be refunded. I understand that I will be charged \$20 if I do not return the race chip to the FOR THE CITY 5K after the race. FOR THE CITY 5K is limited to 1 hour.

**Signed:** \_\_\_\_\_ **Date:** \_\_\_\_\_

(Parent or Legal Guardian if Participant is under 18)